

Khushiyon Bhari Zindagi ke Liye

Roman
Urdu

خوشیوں بھری زندگی کے لیے
کتاب الاذکار الصبح والمساء

SUBHO SHAAM KE SAHEEH AZKAAR

Prepared By:

Shaikh Dr. Arshad Basheer Umari Madani

ڈاکٹر حفیظ الشیر عمری مدنی وفیقہ



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Roman Urdu کتاب الذکر الصالحات

SUBHO SHAAM KE

SAHEEH AZKAAR

Prepared By:

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قَالَ اللَّهُ تَعَالَى

إِذَا سَأَلَكَ عِبْدِي
أَنْ سَأَلَكَ بِاسْمِي

Tum mujh se duaa maango mai
tumhaari dua qabool karonga

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

SUBHO SHAAM KE SAHEEH AZKAAR

❧ MUQADDIMAH ❧

Alhamdulillaahi wahdah was-salaatu
was-salam a'la man laa nabiyya ba'dah
wa'ala aalihi wa ashaabihi ajma'ieen,
Amma ba'd:

Azkaar ka Tawheed ke qiyaam aur
radd-e-shirk se bada gahara talluq
hai. Nabi Kareem ﷺ ki zindagi se
azkaar ki ahmiyat kisi se poshidah
nahi. Aap ﷺ kasrat se iska
ehtimaam farmaaya karte the.

Guzashtah teen saalon ki mukhtalif
mawaaq'e par azkaar se mutalliq jama
wa tarteeb wa takhreej ka khulaasah

pesh-e-khidmat hai:

Sabab-e-taaleef

Nabi ﷺ rozaanah subho shaam azkaar ada kiya karte the. Is azeem Sunnat se hum mein ki aksariyat aaj ghaflat ka shikaar hai kyun ke woh iske fawaaid wa samaraat se naa-aashna hain. Zail mein azkaar ke fawaaid zikr kiye jaayenge aur saath hi azkaar ka waqt aur us waqt ki ahmiyat ka tazkirah bhi kiya jaayega taake hum sab ko iska shauq paida ho aur iski ahmiyat ka andaazah ho sake, In Shaa Allaah.

Azkaar ke fawaaid:

- 1) Azkaar rozaanah ki takleefon se najaat ka zariyah hai, In Shaa Allaah!
- 2) Azkaar kaamon mein aasaani ka

zariyah hai, In Shaa Allaah!

- 3) Azkaar ki pabandi karne mein hamaare liye Nabi ﷺ uswah hain.
- 4) Azkaar Allaah ki hazaarha nematoon par shukr ka zariyah hai.
- 5) Azkaar Allaah se wa'dah aur a'had ki tajdeed hai.
- 6) Azkaar roohaani ghiza hai jis se takaan, buzdili, adm-e-sukoon waghairah sab door ho jaate hain, Bizni-Allaah.
- 7) Azkaar se yeh ehssaas paida hota hai ke dunya chand rozah hai aur aakhirat ki zindagi hi baaqi rahne waali hai.
- 8) Azkaar se Tawheed-e-Uloohiyat ka qiyaam aur shirk par kaari zarb hai.
- 9) Azkaar Allaah par tawakkul aur maboodaan-e-baatil se bezaari ka ilaan hai.

- 10) Azkaar Shaitaan ke waswason se bachne ka zariyah hai, Bizni-Allaah.
- 11) Azkaar har qism ke shar se mahfooz rakhne ka zariyah hai Allaah ki taraf se. Allaah musabbib hai aur yeh mashroo-e-asbaab mein se hai.

Subho Shaam ke Azkaar ki ahmiyat ki wajohaat:

Qur'aan ka hukm:

﴿وَسَبِّحْ بِحَمْدِ رَبِّكَ بِالْعَشِيِّ وَالْإِبْكَارِ﴾

(Soorah Al-Moomin, 40:55)

Tarjamah: Aur subho shaam apne parwardigaar ki tasbeeh aur hamd bayaan karte raho.

Nabi ﷺ ki Sunnat:

((عَنْ عَائِشَةَ أُمِّ الْمُؤْمِنِينَ قَالَتْ كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، يَذْكُرُ اللَّهَ عَلَى كُلِّ أَحْيَانِهِ))

(Saheeh Muslim: 373)

Tarjamah: Ayesha Razi Allaahu Anha farmaati hain ke Nabi ﷺ hamesha Allaah ka zikr kiya karte the.

Tareekh mein Sahaabah, Taabi'een aur Aimmah ka ehtimaam:

Ibn Taymiyyah Rahimahullaah fajr ke baad lamba zikr farmaate. Logon ne kaha itna waqt zikr mein na lagaayein taake deegar mashghuliyaat aur kaarnaamon mein ziyaadah waqt diya jaa sake. Ibn Taymiyyah Rahimahullaah ne

kaha: “saare kaamon ki taaqat ka raaz yeh subh ke azkaar hi to hain.”

Jinn, Jaadoo aur Nazr-e-bad se bachaao:

((عَنْ أَبِي بِنِ كَعْبٍ رَضِيَ اللَّهُ عَنْهُ قَالَ: مَا يُجِيرُنَا مِنْكُمْ؟ قَالَ: تَقْرَأُ آيَةَ الْكُرْسِيِّ مِنْ سُورَةِ الْبَقَرَةِ {اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ} [البقرة: 255] قَالَ: نَعَمْ، قَالَ: إِذَا قَرَأْتَهَا غَدَوَةً أُجِرْتَ مِنْهَا حَتَّى تُمْسِيَ، وَإِذَا قَرَأْتَهَا حِينَ تُمْسِي أُجِرْتَ مِنْهَا حَتَّى تُصْبِحَ))

(Saheeh Ibn Hibban: 784)

Tarjamah: Ubayy bin Ka'b Razi Allaahu Anhu ne ek jinn se pucha: woh kounsi cheez hai jo humein tum se mahfooz rakhe gi? Usne jawaab mein kaha Aayat

Al-Kursi, agar tum use subh padhoge to shaam tak hum se mahfooz kar diye jaaoge aur agar shaam mein padhoge to subh tak hum se mahfooz kar diye jaaoge.

Subho shaam ke azkaar ka waqt:

- 1) Subh ke azkaar ka waqt: Fajr ki namaaz ke baad se sooraj tuloo hone se phele tak.
- 2) Shaam ke azkaar ka waqt: Asr ki namaaz ke baad se sooraj ke ghuroob hone se phele tak.
- 3) Lekin agar koi in auqaat mein padhna bhool jaaye ya koi aarizah pesh aajaye to subh ke azkaar sooraj tuloo hone ke baad bhi aur shaam ke azkaar sooraj ghuroob hone ke baad bhi padh sakte hain kyun ke is mu'aamalah mein

gunjaaish hai aur sakhti nahi ki gayi. (Fiqh Al-Ad'iyah Wal Azkaar, Abdur Razzaq Al-Badr Al-Abbaad: p.11)

Subh ke waqt ki ahmiyat:

Saheeh Muslim ki riwayat hai Ibn Masood Razi Allaahu Anhu ke ghar par mehmaan aakar kehte hain ke hum samajh rahe the ke ghar waale aaraam kar rahe honge kahin hum mukhill na ho jaayein?

Ibn Masood Razi Allaahu Anhu ne jawaab diya ke Ibn Masood aur uske ghar waale utne bhi ghaafil nahi hain ke woh subh barkaton se mahroom hokar sote rahein.

(Saheeh Muslim: 822)

Kaha jaata hai ke jis ne subh ka sira accha sambhaala, din bhar auqaat ko

zaaye na karte huwe mufeed kaamon mein istemaal mein laaya uske liye baqiyah din aasaan hojaayega.

((الْحَمْدُ لِلَّهِ الَّذِي أَقَلَّنَا يَوْمَنَا هَذَا وَلَمْ يُهْلِكْنَا بِذُنُوبِنَا))

(Saheeh Muslim: 822)

Tarjamah: Sab khoobiyaan Allaah Ta'ala ke waaste ke jis ne hum ko aaj ke din maaf kar diya aur halaak na kiya Allaah Ta'ala ne hum ko ba-sabab hamaare gunaahon ke.

Ibn Taymiyyah Rahimahullaah Fajr ke baad lamba zikr farmaate. Logon ne kaha itna waqt zikr mein na lagayein taake deegar mashghuliyaat aur kaarnaamon mein ziyaadah waqt diya jaa sake. Ibn Taymiyyah Rahimahullaah ne kaha: "saare kaamon ki taaqat ka raaz yeh subh ke azkaar hi to hain."

Subh sawere ilm, kaarobaar, gharelu kaam har qism ke kaamon ke liye lagaana chaahiye. Nabi ﷺ ki Du'aa hai:

((اللَّهُمَّ بَارِكْ لَأُمَّتِي فِي بُكُورِهَا))

(Sunan Abi Dawood: 2606)

Tarjamah: "Aye Allaah! Meri Ummat ke liye din ke ibtidaai hisse mein barkat de.

- ❖ Nabi ﷺ aur Sahabah Ekraam ke daur mein tijaarati qaafile fajr ke baad shuroo hote.
- ❖ Sahabi Rasool Sakhr Razi Allaahu Anhu taajir the, subh ke baad ka ehtimaam kiye aur phir maal ki kasrat hogi.
- ❖ Ibn Abbas Razi Allaahu Anhu ne kaha: Rizq baanta jaa raha hai aur tum so rahe ho.
- ❖ (Mazkoorah baatein Fiqh Al-

Ad'iyah Wal Azkaar Shaikh Abdur Razzaq Al-Badr Al-Abbaad ki kitaab se mustafaad hain. Isi tarah Ibn Qayyim Rahimahullaah ki kitaabon se bhi istifaadah kiya gaya hai)

Is kitaab ki khusoosiyaat

1) Mukhtalif makatib-e-fikr ne subho shaam ke azkaar ke naam par jo kitaabein tayyaar kiyen in sab kitaabon ko phele jama kiya gaya, kayi kitaabein jama hojaane ke baad mahsoos kiya gaya ke in mein saheeh aur zaef donon riwayathein maujood thein. Phir taye kiya gaya ke saheeh ko alag aur zaef ko alag pesh kiya jaaye. Is lehaaz se saheeh ke 24 azkaar aur zaef ke 20 azkaar jama hogaye.

2) Azkaar ke saath is par mushtamil

mukammal hadees bhi ma'-sah lisaani tarjamah wa hawaalah zikr ki gayi.

3) Azkaar ke saath saath inse haasil hone waale fawaaid wa asbaaq bhi mustanad kitaabon se naql kiye gaye.

4) Ek naye usloob wa tarteef ke saath is kitaab ko pesh karne ki koshish ki gayi. Jo is kitaab par ghaur karne se aap ko pata chalega.

5) Tahqeeq wa takhreej ka mukammal khayaal rakha gaya. Kisi bhi hadees par jumla-e-Muhaqqiqeen ke ahkaam zikr kiye gaye. Yeh kitaab Mutaqaddimeen ke masaadir kutbe hadees ke saath saath min jumla-e-Muhaqqiqeen ki kitaab se istifaadah karke banaayi gayi hai:

1. Al-Imaam An-Nawawi (Al-

Azkaar)

2. Al-Imaam Ibn Daqeeq Al-'Id (Al-Iqtiraah)
3. Al-Imaam Ibn Taymiyyah (Kutub Wa Maqaalaat)
4. Al-Imaam Ibn Qayyim (Kutub Wa Maqaalaat)
5. Al-Imaam Ibn Hajar (Nataaij Al-afkaar)
6. Al-Imaam Al-Haysami (Majmaa Az-Zawaaid)
7. Al-Imaam As-Suyooti (Al-Jaami' As-Sagheer, Al-Khasaais Al-Kubra)
8. Al-Imaam As-Sakhawi (Al-Maqaasid Al-Hasanah)
9. Al-Imaam Ash-Shawkaani (Al-Fath Ar-Rabbani)
10. Ash-Shaikh Al-Albaani (Tahqeeqaat)

11. Ash-Shaikh Bin Baaz (Majmooa Fataawa)
12. Ash Shaikh Abdul Muhsin Al-Abbaad (Tahqeeqaat)
13. Ash-Shaikh Bakr Abu Zaid (Tahqeeqaat)
14. Ash-Shaikh Abdur Razzaq Al-Badr Al-Abbaad (Fiqh Al-Ad'iyati Wal Azkaar)
15. Ash-Shaikh Shoaib Al-Aranaaut (Tahqeeqaat)
16. Ash-Shaikh Abdul Qaadir Al-Aranaaut (Tahqeeqaat)
17. Ash-Shaikh Saleem Al-Hilaali (Tahqeeqaat)
18. Ash-Shaikh Muqbil Al-Wa'di (Tahqeeqaat)
19. Ash-Shaikh Al-Azami (Tuhfat-ul-muttaqeen)
20. Ash-Shaikh Zubair Ali Zai

(Tuhfat-ul-Anwaar)

21. Fajazahum-ul-Allaahu Khairan Wa Ahsanul Jaza

Tahqeeq ke dauraan yeh pata chala ke:

Shaikh Sa'eed bin Ali bin Wahf Qahtani Hafizahullah Hisnul Muslim ke musannif qaabil-e-mubarakbaad hain ke Shaikh ki mehnat ke zariyah Bizni-Allaah saheeh azkaar tak pahunchne mein is kitaab ke zariyah aasaani hogayi.

Shaikh Qahtani ki tahqeeq aur manhaj ke mutaabiq jo azkaar aaye hain woh kisi na kisi Muhaddis ke pass saheeh hain, jabke Shaikh Albani ki tahqeeq ke mutaabiq kuch zaeef saabit huwe (mulaahazah farmaayein: zaeef azkaar number: 2, 10, 12, 20) to mai ne zaeef ka shoba alag karke wajah zu'f ki wazaahat kardi. Aur saath hi saath mai

ne jinhon ne saheeh kaha unka bhi zikr kar diya hai taake jo Muhaddiseen abhi bhi in azkaar ke saheeh hone ke qaail hon unki bhi riayat ho jaaye aur awwaam mein tohmat se bari hojayein aur Raf'-ul-malaam an aimmatul a'laam ka taqaazah bhi poora hojaaye.

Kisi na kisi Aalim ki tasheeh ko kaafi samajh kar deegar Muhaqqiqeen wa Muhaddiseen ki tahqeeq ko nazar andaaz karna tahqeeq ki dunya mein ek suwaliyah nishaan hai, is wajah se mai ne yeh baat nazar andaaz nahi ki balke saheeh aur zaef ke do hisse banaakar ahl-e-ilm ke liye aqwaal aur wajohaat rakh diye. Lehaza mai ne waazeh taur par bata diya hai ke koun se zaef hain aur unki wajohaat bhi zikr kardi hain. Is tahqeeq ke dauraan yeh bhi pata chala ke:

- ❖ Baaz azkaar saheeh hai lekin subho shaam ki qaid ke saath nahi, din mein kabhi bhi padh sakte hain (Mulaahazah farmaayein: saheeh azkaar number 23 aur 24)
- ❖ Baaz azkaar saheeh hain lekin adad ke baare mein ikhtelaaf hai to uski wazaahat mai ne kar di hai (Mulaahazah farmaayein: saheeh azkaar number 18 aur 19)
- ❖ Baaz azkaar saheeh hain lekin sirf subh ke liye khaas hai (Mulaahazah farmaayein: saheeh azkaar number 7)
- ❖ Baaz azkaar saheeh nahi hain lekin woh itne mashhoor azkaar hain jis ko log rozaanah padh rahe hain jabke woh zaef hain, iske saheeh hone ki gunjaaish nazar nahi aati. Jo Hisnul Muslim ke alaawah

deegar mashhoor kitaabon mein to maujood hain lekin tahqeeq ki dunya mein iska saboot nahi milta (Mulaahazah farmaayein: zaeef azkaar number 1, 2, 3, 4, 5...etc.)

- ❖ Hisnul Muslim ke subho shaam ke azkaar mein aise kayi azkaar ka zikr nahi kiya gaya jo sanadan saheeh hain to lehaza hum ne usko is kitaab mein shaamil kar liya hai. (Mulaahazah farmaayein: saheeh azkaar number 8, 10, 20)

Haddiya-e-tashkkur :

Is mauqe par mai Shaikh Abdullah Umri, Shaikh Noor-uddin Umri, Janaab Imaad-ud-deen Sahab, Janaab Muhammad Kashif Sahab, Mohtarama Nasreen bint Hassan Zawjah Arshad Basheer Madani aur Ask Islam Pedia ki saari team ka

shukriya ada karna chaahta hun jinhon ne is kitaab mein meri muawinat ki. Aur saath hi muhsineen wa ahl-e-khair hazraat ka bhi shukriya ada karta hun. Mai is mauqe par apne maadar-e-ilmi Jamia Darussalam, Umarabaad, Tamil Nadu, India ko kaise bhool sakta hun jiske saaya-e-aatifat mein rahkar taleem wa tarbiyat paane ka haseen mauqa mila. Isi tarah Jamia Islamiyah Madinah Munawwarah, Saudi Arab ko bhi faraamosh nahi kar sakta, jiske mujarrab wa naamwar aasatizah ki tarbiyat mein zehen ki ek ek khidki khulti gayi. Allaah Ta'ala hamare aur in sab ke meezaan-e-hasanaat ko saqeel farmaade, Aameen!

Mai du'aago hun ke Rabb-e-kareem hamaari is choti si kaawish ko qubool farmaale aur is kitaab ke zariyah

Musalmaanon ko azkaar ka paband banaade, Aameen!

Akhookum Fillaah

Shaikh Dr. Arshad Basheer Madani

Waffaqahullaah

Founder and director Ask Islam Pedia

Lamha-e-fikriyah

Azkaar ka asal faidah tab hi hoga jab aap isko samajh kar padhenge

Subho shaam ke azkaar-Fawaaid wa asbaaq

Naagahaani musibaton se bachaao
(Bismillaahil Lazi La Yazurru
Ma'asmihi...)

❖ Jab Allaah sunta hai to kisi aur se kyun maangein? (Wa-huwas-Samee'ul Aleem)

❖ "A'oozu" panaah dene waala sirf

Allaah hai, wahi bigdi banaane waala aur museebat taalne wala hai.

❖ Allaah ki rahmat waapis paane ka tareeqah yeh hai ke Allaah ke raaste ki taraf tawbah karke laut jaana./bandah hone ka etiraaf, ilaan aur a'had ki tajdeed./ bandah apni haisiyat se maafi maangta hai phir talab bhi karta hai, Allaah apne fazal ke mutaabiq bande ko maaf karke khair-e-kaseer ataa karta hai (Sayyid-ul-Istighfaar)

❖ Du'aa ki qubooliyat ke liye a'ajizi wa inkisaari zaroori hai. Iska tareeqa hai (Allaahumma Anta Rabbi, Laa ilaaha ilaa Anta, Khalaqtani Wa Ana 'Abduk, Wa Ana 'Alaa 'Ahdika Wa Wa'dika Mastata'tu..)

❖ Jiski subh Tawheed-e-Uloohiyat ke etiraaf se shuroo ho aur uska din bhi

usi etiraaf ke saath khatam ho to yaqeenan usko Allaah Ta'ala ki maghfirat haasil hojaayegi, In Shaa Allaah. Kyun ke najaat ke liye Tawheed ka qiyaam zaroori hai. Sayyid-ul-istighfaar mein Tawheed-e-Uloohiyat ka qiyaam hi hai.

- ❖ Etiraaf yeh ke kaainaat ka maalik aur usko chalaane wala Allaah hi hai.
- ❖ Laa Ilaaha Illallaahu Wahdahu Laa Shareeka Lahu, Lahul Mulku Walahul Hamdu, Wahuwa Alaa Kulli Shai-in Qadeer. Ruboobiyat ke iqraar ki bunyaad aur Tawheed-e-Uloohiyatke mutaalabah ki takmeel.
- ❖ Jiski subho shaam etiraaf Tawheed-e-Uloohiyat se ho usko Allaah Ta'ala takleefon se najaat kyun nahi dega? (Zaroor dega, In Shaa Allaah)
- ❖ Subhan Allaahi Wa Bihamdih-

tasbeeh wa tahmeed ke ijtema mein azeem nukta hai. Tasbeeh mein aibon se paaki ki gawaahi aur tahmeed mein kamaal ka etiraaf hai.

❖ Maseer aur Nushoor mein nukta-haankh khulne ke baad subh mein nushoor maidaan-e-mahshar se munaasibat rakhta hai. Din bhar ki thakaan ke baad sona maut ki tarah maseer ke mumaasil hai.

❖ Allaah ke naamon aur sifaton ka waseelah lekar du'aa karna chaahiye, na jaaiz waseelah lekar du'aa karne se bachein. (Rabba Kulla Shai-in Wa Maleekahu)

❖ Min Sharri Nafsi, Wa Min Sharrish Shaitaani Wa Shirkih do shar ke masdar ka zikr hai.

❖ Do shar ke natijon ka zikr hai (Wa An Aqtarifa 'Ala Nafsi Soo-an Au

Ajurrahu Ilaa Muslim)

- ❖ Dunya aur aakhirat ki har takleef se aafiyat mil jaaye to phir aur kiya chaahiye? Complete life yehi to hai, kamiyaab Insaan yehi to hai aur isi kaamiyaabi ki sab ko talaash hai (As-Alukal 'Afwal 'Aafiyah)
- ❖ Dushman aur aane waale har khauf se aman (Wa Aamin Rau'aati...An Ughtaala Min Tahti)
- ❖ Baaz log yeh samajhte hain ke inhein ajeeb jagahon se museebat aati hai, agar koi yeh du'aa padhe to har jagah se aani wali museebaton se mahfooz rahega, In Shaa Allaah, Bizni-Allaah (Wa Aamin Rau'aati...An Ughtaala Min Tahti)
- ❖ (Asbahna 'Alaa Fitratil Islaam) Subh agar is ehsaas ke saath hoke ikhlaas ke saath Allaah aur Rasool ki

taleemat par amal ka a'had kar raha
ho to woh kiya hi piyaari subh hogi.

Wassalamu Alaikum Warahmatullahi Wabarakatoho
SHAIKH Dr. ARSHAD BASHEER UMARI MADANI (waffaqahullaah)

Date: 28/May/2025

Mutabiq: 29/Zilqadah/1446



❦ Zikr - 1 ❦

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ، لَا
 تَأْخُذُهُ سِنَةٌ وَلَا نَوْمٌ، لَهُ مَا فِي
 السَّمَوَاتِ وَمَا فِي الْأَرْضِ، مَنْ ذَا
 الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ، يَعْلَمُ
 مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ، وَلَا
 يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا
 شَاءَ، وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ
 وَالْأَرْضَ، وَلَا يَئُودُهُ حِفْظُهُمَا، وَهُوَ
 الْعَلِيُّ الْعَظِيمُ.

(Subho shaam 1 martabah)

(As-Silsilah As-Saheehah:3245)

Allaahu laa ilaaha illa huwal hayyul qayyoom, laa ta'khuzuhu sinatuw walaa naum, lahu maa fis samaawaati wamaa fil arz, man zallazi yash-fa'ou 'indahu illa bi-iznih, ya'lamu maa baina aideehim wamaa khalfahum, walaa yuhitoona bishae-im min 'ilmihee illaa bimaa shaa-a, wasi'a kursiyyuhus samaawaati wal arz, walaa ya-ooduhu hifzuhumaa, wahuwal 'aliyyul 'azeem.

Roman Translation:

Allaah Ta'ala hi mabood-e-barhaqq hai jiske siwa koi mabood nahi jo zindah aur sab ka thaamne waala hai, jise na ongh aaye na neend, uski milkiyyat mein zameen aur aasmaanon ki tamaam cheezein hain. Koun hai jo uski ijaazat

ke baghair uske saamne shifaat kar sake, woh jaanta hai jo unke saamne hai aur jo unke peeche hai aur woh uske ilm mein se kisi cheez ka ihaatah nahi kar sakte magar jitna woh chaahe, uski kursi ki wus'at ne zameen wa aasmaan ko gher rakha hai aur Allaah Ta'ala unki hifaazat se na thakta aur na uktaata hai, woh to bahut baland aur bahut bada hai.



❦ Zikr -2 ❦

اَللّٰهُمَّ اَنْتَ رَبِّيْ، لَا اِلَهَ اِلَّا اَنْتَ،
 خَلَقْتَنِيْ وَاَنَا عَبْدُكَ، وَاَنَا عَلَى
 عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، اَعُوْذُ
 بِكَ مِنْ شَرِّ مَا صَنَعْتُ، اَبُوْءُ لَكَ
 بِنِعْمَتِكَ عَلَيَّ، وَاَبُوْءُ بِذَنْبِيْ فَاغْفِرْ
 لِيْ، فَاِنَّهُ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا
 اَنْتَ.

(Subho shaam 1 martabah)

(Saheeh Al-Bukhaari: 6306)

Allaahumma anta rabbi, laa ilaaha illaa anta, khalaqtani wa ana 'abduk, wa ana 'alaa 'ahdika wa wa'dika mastata'tu, a'oozu bika min sharri maa sana'tu, aboo-ou laka bini'matika 'alayya, wa aboo-ou bizambi faghfirli, fa-innahu laa yaghfiruz zunooba illaa ant.

Roman Translation:

Aye Allaah! Tu mera Rabb hai tere siwa koi mabood-e-barhaqq nahi. Tu ne hi mujhe paida kiya aur mai tera hi bandah hun, mai apni taaqat ke mutaabiq tujh se kiye huwe a'had aur wa'dah par qaaim hun. Teri panaah maangta hun un buri harkaton ke azaab se jo mai ne ki hain, mujh par nematein teri hain iska iqraar karta hun, aur mai apne

gunaahon ka bhi etiraaf karta hun, meri
maghfirat karde ke tere siwa aur koi bhi
gunaah maaf nahi karta.



❦ Zikr -3 ❦

اَللّٰهُمَّ اِنِّيْ اَسْأَلُكَ الْعَفْوَ وَ الْعَافِيَةَ
 فِي الدُّنْيَا وَالْآخِرَةِ، اَللّٰهُمَّ اِنِّيْ
 اَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِيْنِيْ
 وَدُنْيَايَ، وَاهْلِيْ وَمَالِيْ، اَللّٰهُمَّ
 اسْتُرْ عَوْرَاتِيْ، وَآمِنْ رَوْعَاتِيْ،
 اَللّٰهُمَّ احْفَظْنِيْ مِنْ بَيْنِ يَدَيَّ وَمِنْ
 خَلْفِيْ، وَعَنْ يَمِيْنِيْ وَعَنْ شِمَالِيْ،
 وَمِنْ فَوْقِيْ، وَاَعُوْذُ بِعَظَمَتِكَ اَنْ
 اُغْتَالَ مِنْ تَحْتِيْ.

(Subho shaam 1 martabah)

(Sunan Ibn Majah: 3871, Wa Sahhahu Al- AlBaani -Saheeh Ibn Majah: 3135)

Allaahumma inni as-alukal 'afwa wal 'aafiyah fid dunya wal aakhirah, allaahumma inni as-alukal 'afwa wal 'aafiyah fee deeni wa dunyaaya, wa ahli wa maali, allaahummastur 'auraati, wa aamin rau'aati, allaahummahfazni mim baini yadayya wa min khalfi, wa 'an yameeni wa 'an shimaali, wa min fauqi, wa a'oozu bi-'azmatika an ughtaala min tahti.

Roman Translation:

Aye Allaah! Mai tujh se dunya wa aakhirat mein aafiyat ka taalib hun, aye Allaah! Mai tujh se afu wa darguzar ki, apne deen wa dunya, ahl wa ayaal, maal mein behtari wa durustagi ki

darkhwaast karta hun, aye Allaah!
Hamaari satarposhi farma. Aye Allaah!
Hamaari sharamgaahon ki hifaazat
farma, aur humein khauf wa khatraat se
maamoon wa mahfooz rakh, aye
Allaah! Tu hamaari hifaazat farma aage
se aur peeche se, daayein aur baayein
se, upar se, aur mai teri azmat ki panaah
chaahta hun us baat se ke mai achanak
apne neeche se pakad liya jaaon.



❦ Zikr -4 ❦

اَللّٰهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ،
 فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ، رَبَّ كُلِّ
 شَيْءٍ وَمَلِيْكَهٗ، اَشْهَدُ اَنْ لَا اِلَهَ اِلَّا
 اَنْتَ، اَعُوْذُ بِكَ مِنْ شَرِّ نَفْسِيْ، وَمِنْ
 شَرِّ الشَّيْطَانِ وَشَرِّكَهٖ. وَاَنْ اَقْتَرِفَ
 عَلٰى نَفْسِيْ سُوْءًا اَوْ اُجْرَهُ اِلٰى
 مُسْلِمٍ.

(Subho shaam 1 martabah)

(Sunan At-Tirmizi: 3392, Wa Sahhahu Al- AlBaani-Saheeh Sunan At-Tirmizi: 2701)

Allaahumma 'aalimal ghaibi wash-shahadati, faatiras samaawaati wal arz, rabba kulli shai-in wa maleekahu, ash-hadu allaa ilaaha illaa anta, a'oozu bika min sharri nafsi, wa min sharrish shaitaani wa shirkih, wa an aqtarifa 'ala nafsi soo-an au ajurrahu ilaa muslim.

Roman Translation:

Aye Allaah! Ghaaib wa haazir, maujood aur ghair maujood ke jaanne waale, aasmaanon aur zameen ke paida karne waale, har cheez ke maalik! Mai gawaahi deta hun ke tere siwa koi mabood-e-barhaqq nahi hai, mai apne nafs ke shar se teri panaah chaahta hun,

mai Shaitaan ke shar aur uski dawat-e-shirk se teri panaah chaahta hun. Aur us baat se ke apne hi khilaaf kisi buraayi ka irtikaab karon ya use kisi Musalmaan ki taraf kheench laaon.



❦ Zikr -5 ❦

أَصْبَحْنَا وَ أَصْبَحَ الْمُلْكُ لِلَّهِ، وَالْحَمْدُ
 لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ،
 لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ
 شَيْءٍ قَدِيرٌ. رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي
 هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ، وَأَعُوذُ بِكَ
 مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَشَرِّ مَا
 بَعْدَهُ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ
 وَسُوءِ الْكِبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ
 عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ .

(Subh 1 martabah)

(Saheeh Muslim: 2723)

Asbahnaa wa asbahal mulku lillaah, wal hamdulillaah, laa ilaaha illallaah, wahdahu laa shareeka lah, lahul mulku walahul hamdu wahuwa 'alaa kulli shai-in qadeer. Rabbi as-aluka khaira maa fi haazal yaum wa khaira maa ba'dah, wa a'oozu bika min sharri maa fi haazal yaum wa sharri maa ba'dah, rabbi a'oozubika minal kasal wa soo-il kibar, rabbi a'oozu bika min 'azaabin finnaar wa 'azaabin fil qabr.

Roman Translation:

Hum ne subh ki aur Allaah ki baadshaahat ne subh ki aur tamaam tareefein us Allaah ke liye hain jiske siwa koi mabood nahi woh akela hai uska koi shareek nahi. Mulk usi ke liye hai aur usi

ke liye tareef hai aur woh har cheez par qudrat rakhne waala hai, aye mere Rabb mai tujh se us din ki bhalaayi aur uske baad ki bhalaayi maangta hun aur mai tujh se us din ke shar se aur uske baad aane waale shar se panaah maangta hun, aye mere Rabb mai tujh se susti aur budhape ki buraayi se panaah maangta hun, aye mere Rabb mai tujh se Jahannam mein azaab se aur qabr mein azaab se panaah maangta hun.



أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ، وَالْحَمْدُ
 لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ، وَحْدَهُ لَا شَرِيكَ لَهُ،
 لَهُ الْمُلْكُ، وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ
 شَيْءٍ قَدِيرٌ. رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي
 هَذِهِ اللَّيْلَةِ وَخَيْرَ مَا بَعْدَهَا، وَأَعُوذُ
 بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ وَشَرِّ
 مَا بَعْدَهَا، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ
 وَسُوءِ الْكِبَرِ، رَبِّ أَعُوذُ بِكَ مِنْ
 عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ .

(Shaam 1 martabah)

(Saheeh Muslim: 2723)

Amsainaa wa amsal mulku lillaah, wal hamdulillaah, laa ilaaha illallaah, wahdahu laa shareeka lah, lahul mulku walahul hamdu wahuwa 'alaa kulli shai-in qadeer. Rabbi as-aluka khaira maa fi haazihil lailah wa khaira maa ba'daha, wa a'oozu bika min sharri maa fi haazihil lailah wa sharri maa ba'daha, rabbi a'oozubika minal kasal wa soo-il kibar, rabbi a'oozu bika min 'azaabin finnaar wa 'azaabin fil qabr.

Roman Translation:

Hum ne shaam ki aur Allaah ki baadshaahat ne shaam ki aur tamaam tareefein us Allaah ke liye hain jiske siwa koi mabood-e-barhaqq nahi woh akela hai uska koi shareek nahi. Mulk usi ke

liye hai aur usi ke liye tareef hai aur woh har cheez par qudrat rakhne waala hai, aye mere Rabb mai tujh se us shaam ki bhalaayi aur uske baad ki bhalaayi maangta hun aur mai tujh se us shaam ke shar se aur uske baad aane waale shar se panaah maangta hun, aye mere Rabb mai tujh se susti aur budhape ki buraayi se panaah maangta hun, aye mere Rabb mai tujh se Jahannam mein azaab se aur qabr mein azaab se panaah maangta hun.



Zikr -6

يَا حَيُّ يَا قَيُّوْمُ، بِرَحْمَتِكَ أَسْتَغِيْثُ
، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ ، وَلَا تَكِلْنِيْ
إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ.

(Subho shaam 1 martabah)

(Al-Mustadrak Lil-Haakim: 2000,
Hasanahu Al- AlBaani Fi As-Silsilah As-
Saheeha: 227, Hasan)

Yaa hayyu yaa qayyoom, birahmatika
astaghees, aslih lee sha'ni kullahu,
walaa takilni ilaa nafsi tarfata 'aen.

Roman Translation:

Aye hameshah zindah rahne waale aur saari kaainaat ko sambhaalne waale teri hi rahmat ke zariye madad talab karta hun, tu mera har kaam sanwaar de aur aankh jhapakne ke baraabar bhi mujhe mere nafs ke supurd na karna.



❦ Zikr -7 ❦

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ، وَعَلَى
كَلِمَةِ الْإِخْلَاصِ، وَعَلَى دِينِ نَبِيِّنَا
مُحَمَّدٍ، وَعَلَى مِلَّةِ أَبِيْنَا إِبْرَاهِيمَ
حَنِيفًا مُسْلِمًا، وَمَا كَانَ مِنَ
الْمُشْرِكِينَ.

(Subh 1 martabah)

(Musnad Ahmad: 15363, Sahhahu Al-AlBaani-Saheeh Al-Jaami': 4674)

Asbahna 'alaa fitratil islaam, wa 'alaa kalimatil ikhlaas, wa 'alaa deeni nabiyyina Muhammad, wa 'alaa millati abeena ibraheem haneefan musliman, wa maa kaana minal mushrikeen.

Roman Translation:

Subh ki hum ne Deen-e-Islaam par aur Kalima-e-Ikhlaas par aur apne Nabi Muhammad ﷺ ke deen par aur apne baap Ibraheem ke deen par jo baatil se bezaar hokar deen-haqq ki taraf mutawajjah the aur woh shirk karne waalon mein se nahi the.



Zikr - 8

سُبْحَانَ اللَّهِ عَدَدَ مَا خَلَقَ،
 سُبْحَانَ اللَّهِ مِلْءَ مَا خَلَقَ،
 سُبْحَانَ اللَّهِ عَدَدَ مَا فِي السَّمَاوَاتِ
 وَمَا فِي الْأَرْضِ، سُبْحَانَ اللَّهِ عَدَدَ
 مَا أَحْصَى كِتَابُهُ، سُبْحَانَ اللَّهِ
 مِلْءَ مَا أَحْصَى كِتَابُهُ، سُبْحَانَ
 اللَّهِ عَدَدَ كُلِّ شَيْءٍ، سُبْحَانَ اللَّهِ
 مِلْءَ كُلِّ شَيْءٍ.

الْحَمْدُ لِلَّهِ عَدَدَ مَا خَلَقَ، وَالْحَمْدُ
 لِلَّهِ مِائَةً مَا خَلَقَ، وَالْحَمْدُ لِلَّهِ عَدَدَ
 مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ،
 وَالْحَمْدُ لِلَّهِ عَدَدَ مَا أَحْصَى كِتَابُهُ،
 وَالْحَمْدُ لِلَّهِ مِائَةً مَا أَحْصَى كِتَابُهُ،
 وَالْحَمْدُ لِلَّهِ عَدَدَ كُلِّ شَيْءٍ،
 وَالْحَمْدُ لِلَّهِ مِائَةً كُلِّ شَيْءٍ.

(Subho shaam 1 martabah)

(Saheeh At-Targheeb: 1575)

subhaanallaahi 'adada maa khalaq,
subhaanallaahi mil-a maa khalaq,
subhaanallaahi 'adada maa fis
samaawaati wa maa fil arz,
subhaanallaahi 'adada maa ahsaa
kitaabuhu, subhaanallaahi 'adada kulli
shai-in, subhaanallaahi mil-a kulli shai-
in.

Alhamdulillaahi 'adada maa khalaq,
walhamdulillaahi mil-a maa khalaq,
walhamdulillaahi 'adada maa fis
samaawaati wa maa fil arz,
walhamdulillaahi 'adada maa ahsaa
kitaabuhu, walhamdulillaahi 'adada
kulli shai-in, walhamdulillaahi mil-a kulli
shai-in.

Roman Translation:

Allaah paak hai uski makhlooqaat ki tedaad ke baraabar, Allaah paak hai uski makhlooqaat ke bharpoor hone ke baqadr, Allaah paak hai aasmaan wa zameen ki cheezon ki tedaad ke baraabar, Allaah paak hai uski taqdeer ke ihaate mein aane wali cheezon ki tedaad ke baraabar, Allaah paak hai ihaata-e-taqdeer mein aane wali cheezon ke bharpoor hone ke baqadr, Allaah paak hai har cheez ki tedaad ke baraabar, Allaah paak hai har cheez ke bharpoor hone ke baqadr. Tamaam tareefein Allaah ke liye hain uski makhlooqaat ki tedaad ke baraabar, tamaam tareefein Allaah ke liye hain uski makhlooqaat ke bhar poor hone ke baqadr, tamaam tareefein Allaah ke liye hain aasmaan wa zameen ki cheezon ki

tedaad ke baraabar, tamaam tareefein Allaah ke liye hai uski taqdeer ke ihaate mein aane waali cheezon ki tedaad ke baraabar, tamaam tareefein Allaah ke liye hain ihaata-e-taqdeer mein aane waali cheezon ke bharpoor hone ke baqadr, tamaam tareefein Allaah ke liye hain har cheez ke tedaad ke baraabar, tamaam tareefein Allaah ke liye hain har cheez ke bharpoor hone ke baqadr.



Zikr -9

اَللّٰهُمَّ بِكَ اَصْبَحْنَا، وَبِكَ اَمْسَيْنَا،
وَبِكَ نَحْيَا وَبِكَ نَمُوتُ، وَإِلَيْكَ
النُّشُورُ.

(Subh 1 martabah)

(Sunan At-Tirmizi: 3391, Sahhahu Al-
AlBaani-Saheeh Al-Jaami': 353, Hasan)

Allaahumma bika asbahnaa, wabika
amsainaa, wabika nahyaa wabika
namoot, wa ilaikan nushoor.

Roman Translation:

Aye Allaah! Tere hukm se hum ne subh
ki aur tere hi hukm se hum ne shaam ki,
tere hukm se hum zindah hain aur tere
hi hukm se hum marenge, aur teri hi
taraf humein laut kar jaana hai.

اَللّٰهُمَّ بِكَ اَمْسَيْنَا، وَبِكَ اَصْبَحْنَا،
وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ، وَإِلَيْكَ
الْمَصِيْرُ.

(Shaam 1 martabah)

(Sunan At-Tirmizi: 3391, Sahhahu Al-AlBaani-Saheeh Al-Jaami': 353, Hasan)
Allaahumma bika amsainaa, wabika
asbahnaa, wabika nahyaa wabika
namoot, wa ilaikal maseer.

Roman Translation:

Aye Allaah! Hum ne tere hi hukm se
shaam ki aur tere hi hukm se subh ki thi,
tere hi hukm se hum zindah hain aur
tera jab hukm hoga, hum marjaayenge
aur teri hi taraf humein uth kar jaana
hai.



Zikr -10

أَصْبَحْتُ أُثْنِي عَلَيْكَ حَمْدًا،
وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ.

(Subh 3 martabah)

أَمْسَيْتُ أُثْنِي عَلَيْكَ حَمْدًا،
وَأَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ.

(Shaam 3 martabah)

(An-Nasaai Fil-Kubra: 10406)

Asbahtu usni 'alaika hamdan, wa ash-hadu allaa ilaaha illallaah.

Amsaitu usni 'alaika hamdan, wa ash-hadu allaa ilaaha illallaah.

Roman Translation:

Mai teri tareef bayaan karte huwe apni subh karta hun aur gawaahi deta hun ke Allaah ke siwa koi mabood-e-barhaqq nahi.

Mai teri tareef bayaan karte huwe apni shaam karta hun aur gawaahi deta hun ke Allaah ke siwa koi mabood-e-barhaqq nahi.



Zikr -11

قُلْ هُوَ اللَّهُ أَحَدٌ (۱) اللَّهُ الصَّمَدُ (۲)
لَمْ يَلِدْ وَلَمْ يُولَدْ (۳) وَلَمْ يَكُنْ لَهُ
كُفُوًا أَحَدٌ (۴)

(Subho shaam 3 martabah)

(Sunan At-Tirmizi: 3575, Hasan)

Qul huwallaahu ahad. Allaahus samad.
Lam yalid walam yoolad. Wa lam
yakullahu kufuwan ahad.

Roman Translation:

Aap keh dijiye ke woh Allaah Ta'ala ek
(hi) hai(1)

Allaah Ta'ala beniyaaaz hai(2)

Na us se koi paida huwa na woh kisi se
paida huwa(3)

Aur na koi uska hamsar hai (4)



Zikr -12

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ (١) مِنْ شَرِّ مَا
خَلَقَ (٢) وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ
(٣) وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ (٤)
وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ (٥)

(Subho shaam 3 martabah)

(Sunan At-Tirmizi: 3575, Hasan)

Qul a'oozu birabbil falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin izaa waqab. Wa min sharrin naffaasaati fil 'uqad. Wa min sharri haasidin izaa hasad.

Roman Translation:

Aap keh dijiye! Ke mai subh ke Rabb ki panaah mein aata hun (1)

Har us cheez ke shar se jo usne paida ki hai(2)

Aur andheri raat ki taariki ke shar se jab uska andhera phail jaaye (3)

Aur giroh (laga kar un) mein phoonkne waaliyon ke shar se (bhi) (4)

Aur hasad karne waale ki buraayi se bhi jab woh hasad kare (5)



Zikr -13

قُلْ أَعُوذُ بِرَبِّ النَّاسِ (١) مَلِكِ
النَّاسِ (٢) إِلَهِ النَّاسِ (٣) مِنْ شَرِّ
الْوَسْوَاسِ الْخَنَّاسِ (٤) الَّذِي
يُوسَّوْسُ فِي صُدُورِ النَّاسِ (٥) مِنَ
الْجِنَّةِ وَالنَّاسِ (٦)

(Subho shaam 3 martabah)

(Sunan At-Tirmizi: 3575, Hasan)

Qul a'oozu birabbinn naas. Malikin naas.
Ilaahin naas. Min sharriil waswasil
khannaas. Allazi yuwaswisu fee
sudoorin naas. Minal jinnati wannaas.

Roman Translation:

Aap keh dijiye! Ke mai logon ke
parwardigaar ki panaah mein aata hun
(1)

Logon ke maalik ki (aur) (2)

Logon ke mabood ki (panaah mein) (3)

Waswasah daalne waale peeche hatt
jaane waale ke shar se (4)

Jo logon ke seenon mein waswasah
daalta hai (5)

(Khuwah) woh jinn mein se ho ya insaan
mein se (6)



Zikr -14

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ
شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ،
وَهُوَ السَّمِيعُ الْعَلِيمُ.

(Subho shaam 3 martabah)

(Sunan Abu Dawood: 5088 Wa Sahhahu
Al- AlBaani-Saheeh Al-Jaami':6426)

Bismillaahil lazi laa yazurru ma'asmihi
shai-un fil arzi walaa fissamaa,
wahuwas samee'ul aleem.

Roman Translation:

Allaah ke naam ke saath, jiske naam ke
saath zameen wa aasmaan mein koi
cheez nuqsaan nahi phaunchaati aur
wahi sunne waala aur jaanne waala hai.



❦ Zikr - 15 ❦

اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ
 عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي
 فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ، اللَّهُمَّ
 إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ،
 اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ
 الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ.

(Subho shaam 3 martabah)

(Al-Aadab Al-Mufrad: 701, Hasanahu
Al-AlBaani Fi Tamaam Al-Minnah: 232)

Allaahumma 'aafinee fi badanee,
 allaahumma 'aafinee fi sam'ee,
 allaahumma 'aafinee fi basaree, laa

ilaaha illaa anta, allaahumma inni
a'oozu bika minal kufri wal faqr,
allaahumma inni a'oozu bika min
'azaabil qabr, laa ilaaha illaa anta.

Roman Translation:

Aye Allaah! Tu mere jism ko aafiyat
naseeb kar, aye Allaah! Tu mere samaat
ko aafiyat ataa kar, aye Allaah! Tu meri
nigaah ko aafiyat se nawaaz de, tere
siwa koi mabood-e-barhaqq nahi. Aye
Allaah! Mai kufr wa muhtaaji se teri
panaah chaahta hun, aye Allaah! Mai
azaab-e-qabr se teri panaah chaahta
hun, tu hi mabood-e-barhaqq hai.



Zikr -16

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، عَدَدَ خَلْقِهِ،
وَرِضَا نَفْسِهِ، وَزِينَةَ عَرْشِهِ، وَمِدَادَ
كَلِمَاتِهِ .

(Subh 3 martabah)

(Saheeh Muslim: 2726)

Subhaanallaahi wa bihamdihi, 'adada khalqihi, wa riza nafsihi, wa zinata 'arshihi, wa midaada kalimaatihi.

Roman Translation:

Allaah ki tareef aur usi ki paaki hai uski makhlooq ki tedaad ke baraabar aur uski riza aur uske arsh ke wazan aur uske kalimaat ki siyaahi ke baraabar.



Zikr -17

أَعُوْذُ بِكَلِمَاتِ اللّٰهِ التَّامَّاتِ مِنْ شَرِّ
مَا خَلَقَ.

(Shaam 3 martabah)

(Saheeh Muslim: 2709)

A'oozu bikalimaatillaahit taammaati
min sharri maa khalaq.

Roman Translation:

Mai Allaah ki panaah mein aata hun
mukammal kalimaat ke zariyah, uski
makhlooq ke shar se.



Zikr -18

رَضِيتُ بِاللّهِ رَبًّا، وَبِالْإِسْلَامِ دِينًا،
وَبِمُحَمَّدٍ رَسُولًا.

(Subho shaam 3 martabah)

Lekin waqt wa adad ki qaid wa band ko
laazim na samjhe

(Sunan At-Tirmizi: 3389 Shaikh Ibn Baaz
Rahimahullaah ne ise saheeh kaha.
Majmooa Fataawa Ibn Baaz: 26/28)

Razeetu billaahi rabban, wabil islaami
deenan, wabi Muhammadin rasoolan.

Roman Translation:

Mai Allaah ke Rabb hone, Islaam ke
Deen hone aur Muhammad ﷺ ke Rasool
hone se raazi wa khush hun.



Zikr -19

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ
تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ.

(Subho shaam 7 martabah)

(Sunan Abi Dawood: 5081, Shaikh Al-Baani Rahmatullaahi Alaih ne “As-Silsilah Az-Zaeefah: 5286” mein isko mawqoofan saheeh kaha hai)

Hasbiyallaahu laa ilaaha illa huwa 'alaihi tawakkaltu wahuwa rabbul 'arshil 'azeem.

Roman Translation:

Kaafi hai mujhe Allaah, sirf wahi mabood-e-barhaqq hai, usi par mai ne bharosa kiya hai, wahi arsh-e-azeem ka Rabb hai.



Zikr -20

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ.

(Subho shaam 10 martabah)

(Ahmad: 23568, Hasanahu Al-AlBaani-
As-Silsilah As-Saheeha: 114)

Laa ilaaha illallaahu wah-dahu laa
shareeka lahu, lahu mulku walahul
hamdu yuhyee wa yumeetu wa huwa
'alaa kulli shai-in qadeer.

Roman Translation:

Nahi hai koi mabood-e-barhaqq
siwaaye Allaah ke, woh akela hai uska
koi shareek nahi, usi ke liye

baadshaahat hai aur usi ke liye saari tareefein hain, wahi zindagi aur maut deta hai aur woh har cheez par qaadir hai.



Zikr -21

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ.

(Subho shaam 100 martabah)

(Saheeh Muslim: 2692)

Subhaanallaahi wa bihamdih.

Roman Translation:

Allaah Ta'ala paak hai apni hamd ke
saath



Zikr -22

سُبْحَانَ اللَّهِ

الْحَمْدُ لِلَّهِ

اللَّهُ أَكْبَرُ

(Subho shaam 100 martabah)

(An-Nasaai Fi Amal Al-Yawm Wa Lailah:
821, Hasanahu Al-AlBaani-Saheeh At-
Targheeb: 658, Hasan)

Subhaanallaah

Alhamdulillaah

Allaahu Akbar

Roman Translation:

Allaah paak hai

Tamaam tareefein Allaah Ta'ala hi ke
liye hain.

Allaah sab se bada hai.



Zikr -23

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ.

**(Din mein kisi bhi waqt 100
martabah)**

(Saheeh Muslim: 2702)

Astaghfirullaaha wa atoobu ilaih.

Roman Translation:

Mai Allaah Ta'ala se tawbah wa
istighfaar karta hun.



Zikr -24

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ
الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ.

**(Din mein kisi bhi waqt 100
martabah)**

(Saheeh Al-Bukhaari: 3293, 6403, Wa
Saheeh Muslim: 2691)

Laa ilaaha illallaahu wahdahu laa
shareeka lahu, lahul mulku walahul
hamdu, wahuwa alaa kulli shai-in
qadeer.

Roman Translation:

Nahi hai koi mabood-e-barhaqq
siwaaye Allaah Ta'ala ke, uska koi
shareek nahi, mulk usi ka hai. Aur

tamaam tareef usi ke liye hai aur woh
har cheez par qaadir hai.



Note:

Alhamdulillah, yeh mukhtasar kitaab hai, rozaanah aasaani se padhne ke liye bade font mein pesh ki gayi hai, yeh mukhtasar kitaab darasal mutawwal kitaab se maakhoos hai, mutawwal kitaab mein tafseeli hawalajaat maa takhreej maujood hai, isi tarah mustadall hadees, hadees ki tasheeh wa tazeef mein Muhaddiseen ki aaraa aur ahl-e-ilm ki tahqeeqaat tafseeli taur par mazkoor hai, jin ko tafseeli maloomaat wa wajohaat darkaar hon woh mutawwal kitaab hamaari website se haasil kar sakte hain, In Shaa Allaah.





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